

Exploring the World of Food – the perspectives of families with children

Principal Investigator: Professor Colette Kelly, University of Galway, Ireland

Collaborators: Professor Jayne Woodside and Professor Michelle McKinley (Queen's University Belfast), Dr Janas Harrington and Dr Marita Hennessy (UCC); Dr Caroline Heary and Ms Edel Murphy (University of Galway), Ms Denise Cahill (Health Promotion, Cork)

Researchers: Ms Divya Ravikumar (University of Galway), Dr Elena Vaughan (University of Galway) and Dr Eleni Spyreli (Queen's University Belfast)

Funder: Safefood, the Food Safety Promotion Board

Report Launch

The final report was launched online in April 2022. An invited panel of stakeholders attended a webinar and online workshop on April 5th 2022 to hear Professor Kelly provide an overview of the study and related findings. Fifty stakeholders attended and participants included representatives from government departments and agencies involved in developing policy and programmes for the population on the island of Ireland. The workshop was hosted by Dr Nick Cavill, Senior Honorary Research Fellow from the University of Bristol, who facilitated feedback on the report recommendations. The workshop also provided an opportunity to showcase a short video based on the findings of this research, which captures the multifactorial aspects that influence daily food-related decisions for families.

To access the full research report visit the link [here](#).

<https://www.safefood.net/getmedia/b0609aa3-7403-48c8-b689-c9c1b89d6139/World-of-food-Main-report.pdf>

To view the video visit the link [here](#).

Dissemination

Spyreli, E., Vaughan, E., McKinley, M., Woodside, J., Hennessy, M., & Kelly, C. (submitted to Qualitative Health Research). Using online Photovoice to explore food decisions of low-income families; lessons learnt during the COVID-19 pandemic.

Vaughan, E. Spyreli, E., Woodside, J., McKinley, M., & Kelly, C. (under review in Public Health Nutrition). Exploring the world of food: the perspective of low-income families on factors influencing their food choices.

Kelly, C., Vaughan, E., Spyreli, E., McKinley, M., Woodside, J. (2022). Exploring the world of food: the perspectives of families with children. Online report launch, April 5th 2022.

Vaughan, E. Spyreli, E., Woodside, J., McKinley, M., & Kelly, C. (2022). Exploring the world of food with families: The impact of the corporate environment on family food choices. Presented [online] at the 24th IUHPE World Conference on Health Promotion - Promoting policies for health, well-being and equity. Montreal, Canada.

Vaughan, E. & Kelly, C. (2022). Family food choices? Exploring the food-related practices of low-income families in the Republic of Ireland. Presented at the 26th Annual Health Promotion Conference: Health Inequity: Action for change, University of Galway, June 2022.